The Disappointment of Dreams

By Mags Webster

como cesan lost sueños cuando sabemos que soñamos¹ Jose Luis Borges, 'Afterglow' (2010)

Late afternoon: the long slow yawn of day, the heat becomes narcotic. Beside my chair, the dog lies still, her eyes half-closed, her heart beneath my hand a patient clock, which ticks the blood from paw to pleated ear. Her breathing slows, she's treacled in the sealant of her sleep, all functions at a simmer. She's a skiff that lilts on delta waves, a temple bell that nodded song and now holds close its silence. I too fall dumb, washed into sleep, just about to blur from my body's shores when the dog is gripped in a palsied fit, paws twitch, legs flinch, her throat-deep noises nip and sob, lips pluck at teeth, and her seizure builds and spasms till she shudders to her feet. Has dreaming tripped a switch and fired her body into motion? Her muscles cramp like phantom limbs, so real is the chase. Such dreams are cruel, they cheat us, on their edge we overreach, we want to fall, but are denied the short clean grace of flight. Instead we arc back into life and, waking, short the circuits of our minds, burn memory away.

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¹ as dreams end/when it dawns on us we're dreaming.